

SREE NARAYANA COLLEGE,NATTIKA
REPORT
SOCIAL WELLNESS PROGRAMME 2022-23

The first batch of Social wellness Programme began on 19th January 2023 in the seminar Hall. The programme was conducted by the Kerala State Minority Welfare Department & CCMY Kodungallur & Women Cell & ICC of the College. The inaugural Section started by welcoming the gathering by Smt Deepa V, Co-Ordinator, Women Cell. Principal Dr Jaya P S presided over the program. The District Cordinator Dr M B Hamza, Principal CCMY was the chief guest for the program. He inaugurated the programme. He underlined the need and importance of conducting such a program among the college students. Dr C T Anitha , ICC Coordinator of the college conveyed the vote of thanks.



DEPARTMENT OF MINORITY WELFARE,
GOVERNMENT OF KERALA



PATHWAY

SOCIAL LIFE WELLNESS PROGRAMME

at

SREE NARAYANA COLLEGE, NATTIKA

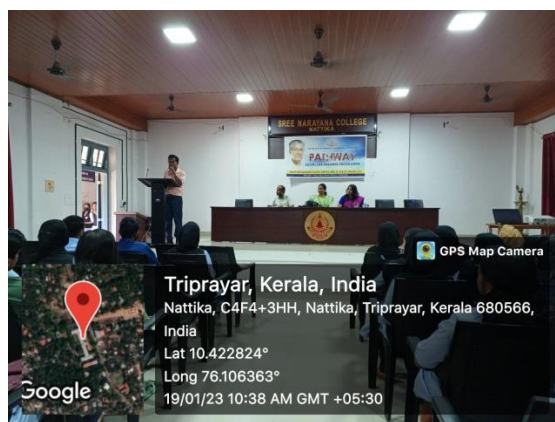


19th, 20th and 28th of January 2023



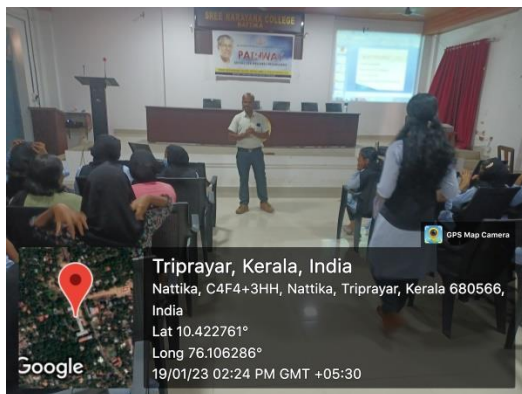
9.30–4.45PM (Two Sessions each day)

Organised by ICC & Women Cell





The first day session was handled by Shri Abdul Rahiman S on Inaugural and ice breaking.. The topic for the session was “Introduction: Need and Marriage for wellness”. The session was an ice breaker which made them think of their future.The class commenced at 9.30 AM till 12.30 P M

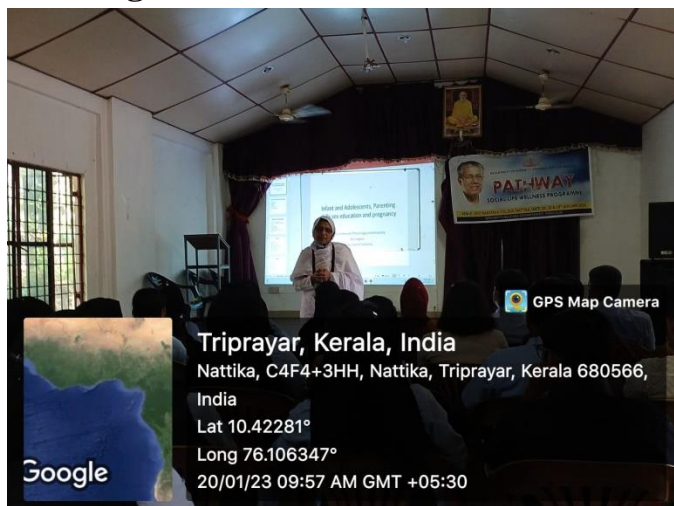


On 19th January 2023 , the second session was handled by Smt Sareena M on Effective Communication skill with couples and healthy communication at

1.30 P.M. The students cleared so many doubts and the session was very lively and well handled. The session got over at 4.30. P M



On 20th January 2023, third session on Parenting and Sex education was handled by Smt Faseela M C. The session made the students to have a better perception on the do's and don'ts in parenting. The reproductive and sexual health in family life was explained in the class. The session got over at 12.30 P M.



On 20th January 2023 ,the fourth session on In Law relationship and conflict management was handled by Firoz Ali K. The class started at 1.30 PM and ended at 4.30 P M



On 28th January 2023, The fifth session was by Smt Soumya N S on Family Budget at 9.30 AM. The session had many practical activities through which the students could study effectiveness in budgeting. The student interaction was very high and the simplicity & rich knowledge attracted the children .



On 28th January 2023, Adv Abdul Ilah was the keynote speaker for the sixth session. The topic addressed was Law related to marriage. Students generated knowledge on the topic. As usual the timing of the session was from 12.30 PM to 3.30 PM.



On 28th after 3.30, the valedictory program began . Women Cell Coordinator Deepa V welcomed the gathering. The programme came to end and the students conveyed their feedback and vote of thanks for the entire course

SOCIAL WELLNESS PROGRAMME 2022-23(JANUARY 19,20 AND 28TH 2023)

FEEDBACK FROM COORDINATOR

The first batch of Pre-marital Counseling began on 19th January 2023 in the seminar Hall. The programme was conducted by the Kerala State Minority Welfare Department & CCMY Kodungallur & Women Cell & ICC of the College. The inaugural Section started by welcoming the gathering by Smt Deepa V, Co-Ordinator, Women Cell. Principal Dr Jaya P S presided over the program. The District Cordinator Dr M B Hamza, Principal CCMY was the chief guest for the program. He inaugurated the programme. He underlined the need and importance of conducting such a program among the college students. Dr C T Anitha , ICC Coordinator of the college conveyed the vote of thanks.

The first day session was handled by Shri Abdul Rahiman S on Inaugural and ice breaking.. The topic for the session was “Introduction: Need and Marriage for wellness”. The session was an ice breaker which made them think of their future. The class commenced at 9.30 AM till 12.30 P M. The session was an ice breaker which made them think of their future.

On 19th January 2023 , the second session was handled by Smt Sareena M on Effective Communication skill with couples and healthy communication at 1.30 P.M. The students cleared so many doubts and the session was very lively and well handled. The session got over at 4.30. P M

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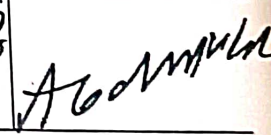
On 28th January 2023, Adv Abdul Ilah, perhaps one of the most effective session among all the three days, was the keynote speaker for the sixth session. The topic addressed was Law related to marriage. Students generated knowledge on the topic. As usual the timing of the session was from 12.30 PM to 3.30 PM. The entire Course had a great impact on the students perspective in facing their life

GOVT. OF KERALA, DEPARTMENT OF MINORITY WELFARE
'PATHWAY'

SOCIAL LIFE WELLNESS PROGRAMME

2023 January 19, 20 & 28

Sree Narayana College, Nattika
Faculty Attendance

Date	Time	Faculty	Topic	Signature
January 19	9.30am - 12.30pm	Abdul Rahiman s	Ice breaking , introduction Marriage for wellness	
	1.30pm- 4.30pm	Sareena M	Effective communication skill with couples and health online communication	
January 20	9.30am - 12.30pm	Fazeela. M.c	Parenting skills & Sex Education.	
	1.30pm- 4.30pm	Firoz Ali. K	In law relationship & Conflict management	
January 28	9.30am - 12.30pm	SOUNDEYA.MS	Family Budgeting	
	1.30pm- 4.30pm	ABDUL ILLAH	Legal aspects of marriage	

Principal, CCMY, Palakkad Kodungallur.





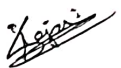

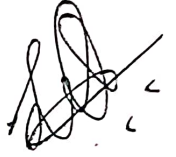
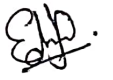

Principal
(Full Additional Charge)
Sree Narayana College
Nattika

SOCIAL LIFE WELLNESS PROGRAMME

Sree Narayana College, Nattika

19, 20 and 28 January 2023

List of Participants: Batch 01

Sl No.	Name & Address	Date of Birth	Age	Caste	Mobile No.	Signature
1	Sulha Ashraf. Manath kuzhiyil (CH) Kadampuzha Kasekkad., Malappuram	15/10/2003	19	Islam	9645429652	
2	Muxshid .C.K chenganakattil (CH) kavathikalam kottakkal, Malappuram	09/12/2003	19	Islam	8589888456	
3	Muhammed Sajal.M.C Hilal Manzil Iast kallode Perambra, kozhikode	22/3/2004	18	Islam	9847621687	
4	Mirzan. K.T chakkungal (CH) thoykkavu Thrissur.	4/11/2003	19	Islam	7025104313	
5	Nishad Babu .T Thachankodean (CH) Achipilakkal Manjeri, Malappuram	1/3/2004	18	Islam	799 799 180405	
6	Edwin .T.S Thattiri Thettila (CH) Padiyam kaddassankadavu (PO)	3/4/2004	18	Christian	8078582422	
7	Rahma Mansoor Moonakkal pasambil kizhuppillikara	26/12/2003	19	Islam	9562942613	











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Nattika

SOCIAL LIFE WELLNESS PROGRAMME

Sree Narayana College, Nattika

19, 20 and 28 January 2023

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SI No.	Name & Address	Date of Birth	Age	Caste	Mobile No.	Signature
8	Hina mol Manthussuthi (CH) Kodunghallur.	11/7/2005	17	Islam	9745331418	
9	Lamia Lathif. Panikka Veetil kizha- kkethil (CH) Vattekad	18/6/2004	18	Islam	6282128606	
10.	Rineesha. A.S Alungal (CH) Puthankadappuram Thiruvathra P.O	6/2/2005	17	Islam	9961601503	
11	Fathima Sajiha. PA Pulikkal (CH) Azhikode PO Meron Bazar	2/5/2005	17	Islam	9037590044	
12	Anaina Anaina. PN Pullicharam kethil (CH) Nenmini (PO) Guruvayur	26/12/2003	19	Islam	8086029773	
13	Mufeeda K.M Koppra (CH) Andathod (PO)	23/4/2003	19	Islam	9562773702	
14	Shamna Sherin .P.T Pallithazhath (H) chethilath UT of Lakshmapuddeep	25/5/2004	18	Islam	8547628251	




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19, 20 and 23 January 2023

List of Participants: Batch 01

Sl No.	Name & Address	Date of Birth	Age	Caste	Mobile No.	Signature
15	Manju . T.B Thekkekara (H) Kodannur (Po)	5/2/2005	17	Christian	9034 379047	
16	Hazeena Nizreen Palliparambil (H) Thaniyaseery (Po) Innjalakuda	13/8/2004	18	Islam	75 80917522	
17	Hadiya Hanan .T.S Thalikkulam (H) Kattoor (Po) Innjalakuda, Thrissur	23/2/2005	17	Islam	9947742010	
18	Sanabeevi .V.S Veluthuppan (H) P.O. Thalikulam Ayyichode, Thrissur	19/3/2004	18	Islam	9746334575	<u>Sana</u>
19	Alsharath . P .I Padijarajil (H) P.O Andattode . Kumaranpadi, Thrissur	10-1-2005	18	Islam	9746513437	
20	Sadiq Irfan Kallarakkal (H) P.O Kizhakkamuri Pezingottukara, Thrissur	13-07-2004	18	Islam	7902961497	<u>Sadiq</u>
21	Salika A.S Arakkaveetil (H) P.O Thalikulam, Thrissur	24-05-2005	17	Islam	9605961203	



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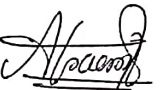


'PATHWAY'

SOCIAL LIFE WELLNESS PROGRAMME


Sree Narayana College, Nattika

19, 20 and 28 January 2023

List of Participants: Batch 01

SI No.	Name & Address	Date of Birth	Age	Caste	Mobile No.	Signature
22	pughamkarayillath (H) Kuttamangalam p.o Edathiruthy FARZANA PN	11-07-2001	21	Islam	97785068- 25	
23	Shifana Vs Vaindhanappilly (H) PO Azhikode	26-08-2003	19	Islam	8129384131	
24	Amal Mohammed Alu Cholassheri (H) Mulappuram.	18-11-2003	19	Islam	8330864542	
25	Shamsha Shariff Pallatharayal (H) Hansa. P.A P.O Edamuttaro	27/8/2004	18	Islam	9744627333	
26	Afra v.m Vattomparambil (H) Nallomkattu (PO) Edakkozhyoor	05-04-2004	18	Islam	7593090251	
27	Angel P Thomas Vadak Kethala Poovathingal (H) P.O Kandassankattu	24-6-2004	18	Christian	8078289626	
28	Shanila P.L Padavalli Parambil (H) P.O Pazhuvil	7-04-2004	18	Islam	8943538048	





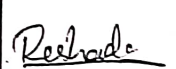





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SI No.	Name & Address	Date of Birth	Age	Caste	Mobile No.	Signature
29	Sulthana S.S Srambikkal (H) P.O. Mathilakam	13-05- 2002	20	Islam	8714516811	
30	Shehin nasir K.S Kodugupayanbil P.O. Mathilakam	22-8- 2003	19	Islam	9048852073	
31	Rishada - N.R Nalakatb (H) P.O. Gananakal	02-12-2004	18	Islam	9846114840	
32	Nabha .O.N Olavakode (H) P.O. chulloor	06-05- 2005	17	Islam	98462513 32	
33	Nafis .O.N Olavakode (H) P.O. chulloor	06-05- 2005	17	Islam	9846251388	
34	Sifra O.S Miyamkulang Gad (H) P.O. Nattika	11-02- 2004	18	Islam	79075316 65	
35	Fathima Nazrin P.S Ambalakkulam (H) P.O. Cherpulw	16-10-2004	18	Islam	7012847181	




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Directorate of Minority Welfare Department, Govt. of Kerala

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SOCIAL LIFE WELLNESS PROGRAMME

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19, 20 and 28 January 2023

Attendance Form of Participant

Sl No.	Name	Age	Mobile No.	Signature of Participants					
				Jan 19 2023		Jan 20 2023		Jan 28 2023	
				FN	AN	FN	AN	FN	AN
1.	Shifana vs	19	8129384131						
2.	Hazeena Afreen	18	7560917522						
3.	Najla. O.N	17	9846251332						
4.	Fathima Nazniya S	18	7012847181						
5.	Nahla. O.N	17	9846251332						
6.	Nusharath. P.T	18	9746513437						
7.	Hadiya Hanan S	18	9947742010						
8.	Sifna ONS	18	7907531665						
9.	Sulthana S.S	20	8714516811						
10.	Salihah A.S	17	9605961203						



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				FN	AN	FN	AN	FN	AN
11	Sanabeevi V.S	18	9746334575	<u>Sana</u>	<u>Sana</u>	<u>Sana</u>	<u>Sana</u>	<u>Sana</u>	<u>Sana</u>
12	Hansa P.A	18	9744627333	<u>Hansa</u>	<u>Hansa</u>	<u>Hansa</u>	<u>Hansa</u>	<u>Hansa</u>	<u>Hansa</u>
13	Farzana PN	21	9778506825	Farzana	Farzana	Farzana	Farzana	Farzana	Farzana
14	Rishada N.R	18	9846114840	<u>Rishada</u>	<u>Rishada</u>	<u>Rishada</u>	<u>Rishada</u>	<u>Rishada</u>	<u>Rishada</u>
15	Muqeeda K.M	19	9562773702	<u>Muqeeda</u>	<u>Muqeeda</u>	<u>Muqeeda</u>	<u>Muqeeda</u>	<u>Muqeeda</u>	<u>Muqeeda</u>
16	Shamna Shirin Naizer P.T	18	8547628251	Shamna	Shamna	Shamna	Shamna	Shamna	Shamna
17	Manju T.B	17	7034372047	<u>Manju</u>	<u>Manju</u>	<u>Manju</u>	<u>Manju</u>	<u>Manju</u>	<u>Manju</u>
18	Shehin Nasir	19	9048852073	<u>Shehin</u>	<u>Shehin</u>	<u>Shehin</u>	<u>Shehin</u>	<u>Shehin</u>	<u>Shehin</u>
19	Sadiq Irfan	18	7902961494	<u>Sadiq</u>	<u>Sadiq</u>	<u>Sadiq</u>	<u>Sadiq</u>	<u>Sadiq</u>	<u>Sadiq</u>
20	Amaal Mohammed Ali	19	8330864542	<u>Amaal</u>	<u>Amaal</u>	<u>Amaal</u>	<u>Amaal</u>	<u>Amaal</u>	<u>Amaal</u>



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21.	Fathima Sajitha P	17	9037540044						
22.	Rineesha A.S	17	9961601503						
23.	Shanika P.L	18	8943538048						
24	Afra V.M	18	7593090251						
25.	Hina M M.M	17	9745331418						
26	Rabba mansoor	19	9562942613						
27	Lamia Lathif	18	6282128606						
28	Anaina	19	8086029773						
29	Sulha Ashraf	19	9645429652						
30	MIRZAN	19	7025104313					Ab	Ab



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				Jan 19 2023		Jan 20 2023		Jan 28 2023	
				FN	AN	FN	AN	FN	AN
31	Murshid C.K	19	8589888456	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
32	Mohammed Sajal M	18	9847621687	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
33	Edwin T.S	18	8078582422	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
34	Angel P Thomas	18	8078289626	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
35	Nishad Babu	18	7994180405	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>



[Signature]

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Nattika

Gov. of Kerala, Directorate of Minority welfare,
 PATHWAY
 SOCIAL LIFE WELLNESS PROGRAMME
 Sree Narayana College, Nattika
 19, 20 and 23 January 2023

Participants Feed Back Form
 (മാധ്യമങ്ങളിലൂടെ അഭിപ്രായം ടീക്ക് ചെയ്യുക)

SL No.	Name of Faculty	Topic	Date	ക്ലാസ്സിന്റെ ഉള്ളടക്കം					ക്ലാസ്സിന്റെ ആകർഷണീയത/മികവ്					പഠിതാക്കളുമായുള്ള ആശയവിനിമയം					സമയനീക്കം					ക്ലാസ്സിനെ കുറിച്ചുപോതു അഭിപ്രായം	
				V	G	A	P	VP	VG	G	A	P	VP	V	G	A	P	VP	VG	G	A	P	VP		
1	Abdul Rabim an-s	ICC break	Jan 19	✓					✓						✓					✓					Good class very good
2	Sareena.m	Effective	Jan 19	✓						✓				✓						✓					Good class
3	Razeela.Mc	Parent-Teacher	Jan 20	✓					✓					✓											Good
4	Firoz.Ali-k	Law and	Jan 20		✓					✓				✓					✓						Good
5	Sourasya.ms	Family	Jan 24	✓					✓										✓						Very good
6	ABDUL ILLAH	Legal Aspects of Marriage	Jan 24	✓						✓										✓					Very good

Abbreviation: VG=Very Good/ V=Good/A=Average/P=Poor/ VP=Very Poor
 പൊതു അഭിപ്രായങ്ങൾ നിർദ്ദേശങ്ങൾ

Name of Participant

Najia.O.N



Signature of Participant

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